

Teamwork & Team Building Workshop

For most of us, teamwork is a part of everyday life. Whether it's at home, in the community, or at work, we are often expected to be a functional part of a performing team. Having a strong team will benefit any organization and will lead to more successes than not.

The Teamwork and Team Building workshop will encourage participants to explore the different aspects of a team, as well as ways that they can become a top-notch team performer. Your participants will be given the details and concepts of what makes up a team, and what factors into being a successful team and team member.

Workshop Objectives:

- Describe the concept of a team, and its factors for success
- Explain the four phases of the Tuckman team development model and define their characteristics
- List the three types of teams
- Describe actions to take as a leader - and as a follower for each of the four phases (Forming, Storming, Norming and Performing)
- Discuss the uses, benefits and disadvantages of various team-building activities
- Describe several team-building activities that you can use, and in what settings
- Follow strategies for setting and leading team meetings
- Detail problem-solving strategies using the Six Thinking Hats model -- and one consensus-building approach to solving team problems
- List actions to do -- and those to avoid -- when encouraging teamwork



For more information or to reserve your spot in this workshop, please contact:

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Session One: Getting Started

Workshop Objectives
Action Plans and Evaluation Forms

Session Two: Defining Success

What is a Team?
An Overview of Tuckman and Jensen's Four-Phase Model

Session Three: Types of Teams

The Traditional Team
Self-Directed Teams
E-Teams

Session Four: The First Stage of Team

Development – Forming

Hallmarks of This Stage
What to Do As a Leader
What to Do As a Follower

Session Five: The Second Stage of Team

Development – Storming

The Hallmarks of This Stage
What to Do As a Leader
What to Do As a Follower

Session Six: The Third Stage of Team

Development – Norming

The Hallmarks of This Stage
What to Do As a Leader
What to Do As a Follower

Session Seven: The Fourth Stage of Team Development – Performing

Hallmarks of this Stage
What to Do As a Leader
What to Do As a Follower

Session Eight: Team Building Activities

The Benefits and Disadvantages
Team-Building Activities That Won't Make People Cringe
Choosing a Location for Team-Building

Session Nine: Making the Most of Team Meetings

Setting the Time and the Place
Trying the 50-Minute Meeting
Using Celebrations of All Sizes

Session Ten: Solving Problems as a Team

The Six Thinking Hats
Encouraging Brainstorming
Building Consensus

Session Eleven: Encouraging Teamwork

Some Things to Do
Some Things to Avoid
Some Things to Consider

Session Twelve: Wrapping Up

Words from the Wise