

Critical Thinking Skills Workshop

We live in a knowledge based society, and the more critical you think the better your knowledge will be. Critical Thinking provides you with the skills to analyze and evaluate information so that you are able to obtain the greatest amount of knowledge from it. It provides the best chance of making the correct decision, and minimizes damages if a mistake does occur.

Critical Thinking will lead to being a more rational and disciplined thinker. It will reduce your prejudice and bias which will provide you a better understanding of your environment. This workshop will provide you the skills to evaluate, identify, and distinguish between relevant and irrelevant information. It will lead you to be more productive in your career, and provide a great skill in your everyday life.

Workshop Objectives:

- Understand the components of critical thinking
- Utilize non-linear thinking
- Use logical thinking
- Recognize what it means to be a critical thinker
- Evaluate information using critical thinking skills
- Identify the benefits of critical thinking
- Revise perspective, when necessary
- Comprehend problem solving abilities



For more information or to reserve your spot in this workshop, please contact:

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CLASS CONTENT

Section One: Getting Started

Workshop Objectives
Pre-Assignment Review
Action Plans and Evaluation Forms

Section Two: Components of Critical Thinking

Applying Reason
Open Mindedness
Analysis
Logic
Case Study

Section Three: Non-Linear Thinking

Step Out of Your Comfort Zone
Don't Jump to Conclusions
Expect and Initiate Change
Being Ready to Adapt
Case Study

Section Four: Logical Thinking

Ask the Right Questions
Organize the Data
Evaluate the Information
Draw Conclusions
Case Study

Section Five: Critical Thinkers (I)

Active Listening
Be Curious
Be Disciplined
Be Humble
Case Study

Section Six: Critical Thinking (II)

Seeing the Big Picture
Objectivity
Using Your Emotions
Being Self-Aware

Section Seven: Evaluate the Information

Making Assumptions
Watch out for the Bias
Ask Clarifying Questions
SWOT Analysis
Case Study

Section Eight: Benefits of Critical Thinking

Being More Persuasive
Better Communication
Better Problem Solving
Increased Emotional Intelligence
Case Study

Section Nine: Changing Your Perspective

Limitations of Your Point of View
Considering Others Viewpoint
Influences on Bias
When New Information Arrives
Case Study

Section Ten: Problem Solving

Identify Inconsistencies
Trust Your Instincts
Asking Why?
Evaluate the Solution(s)
Case Study

Section Eleven: Putting It All Together

Retaining Your New Skills
Reflect and Learn From Mistakes
Always Ask Questions
Practicing Critical Thinking
Case Study

Section Twelve: Wrapping Up

Words from the Wise
Lessons Learned